

The University of New Orleans Alabama Parenting Questionnaire (APQ)

(Child Form)

Name:	ID#:	

Instructions: The following are a number of statements about your family. Please rate each time as to how often it **TYPICALLY** occurs in your home. The possible answers are <u>Never</u> (1), <u>Almost Never</u> (2), <u>Sometimes</u> (3), <u>Often</u> (4), and <u>Always</u> (5). If your dad or mom is not currently living at home with you, then skip the questions that ask about that person.

		Never	Almost Never	Sometimes	Often	Always
1. You have a friendly talk w mom.	vith your	1	2	3	4	5
A. How about your d	ad?	1	2	3	4	5
2. Your parents tell you that doing a good job.	t you are	1	2	3	4	5
3. Your parents threaten to and then do not do it.	punish you	1	2	3	4	5
4. Your mom helps with sor special activities (such as s boy/girl scouts, church you	ports,	1	2	3	4	5
A. How about your da	ad?	1	2	3	4	5
5. Your parents reward or g something extra to you for well.		1	2	3	4	5
6. You fail to leave a note o parents know where you ar	-	1	2	3	4	5















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7. You play games or do other fun things with your mom.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
8. You talk your parents out of punishing you after you have done something wrong.	1	2	3	4	5
9. Your mom asks you about your day in school.	1	2	3	4	5
10. You stay out in the evening past the time you are supposed to be home.	1	2	3	4	5
11. Your mom helps you with your homework.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
12. Your parents give up trying to get you to obey them because it's too much trouble.	1	2	3	4	5
13. Your parents compliment you when you have done something well.	1	2	3	4	5
14. Your mom asks you what your plans are for the coming day.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5















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15. Your mom drives you to a special activity.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
16. Your parents praise you for behaving well.	1	2	3	4	5
17. Your parents do not know the friends you are with.	1	2	3	4	5
18. Your parents hug or kiss you when you have done something well.	1	2	3	4	5
19. You go out without a set time to be home.	1	2	3	4	5
20. Your mom talks to you about your friends.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
21. You go out after dark without an adult with you.	1	2	3	4	5
22. Your parents let you out of punishment early (like lift restrictions earlier than they originally said).	1	2	3	4	5
23. You help plan family activities.	1	2	3	4	5















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	Never	Almost Never	Sometimes	Often	Always
24. Your parents get so busy that they forget where you are and what you are doing.	1	2	3	4	5
25. Your parents do not punish you when you have done something wrong.	1	2	3	4	5
26. Your mom goes to a meeting at school, like a PTA meeting or parent/teacher conference.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
27. Your parents tell you that they like it when you help out around the house.	1	2	3	4	5
28. You stay out later than you are supposed to and your parents don't know it.	1	2	3	4	5
29. Your parents leave the house and don't tell you where they are going.	1	2	3	4	5
30. You come home from school more than an hour past the time your parents expect you to be home.	1	2	3	4	5
31. The punishment your parents give depends on their mood.	1	2	3	4	5















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	Never	Almost Never	Sometimes	Often	Always
32. You are at home without an adult being with you.	1	2	3	4	5
33. Your parents spank you with their hand when you have done something wrong.	1	2	3	4	5
34. Your parents ignore you when you are misbehaving.	1	2	3	4	5
35. Your parents slap you when you have done something wrong.	1	2	3	4	5
36. Your parents take away a privilege or money from you as a punishment.	1	2	3	4	5
37. Your parents send you to your room as a punishment.	1	2	3	4	5
38. Your parents hit you with a belt, switch, or other object when you have done something wrong.	1	2	3	4	5
39. Your parents yell or scream at you when you have done something wrong.	1	2	3	4	5
40. Your parents calmly explain to you why your behavior was wrong when you misbehave.	1	2	3	4	5















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41. Your parents use time out (makes you sit or stand in a corner) as a punishment.	1	2	3	4	5
42. Your parents give you extra chores as a punishment.	1	2	3	4	5

Construct: Effective Parenting

Scale Name: Alabama Parenting Questionnaire (APQ)

Developers: Frick, P. J.











