

The University of New Orleans Alabama Parenting Questionnaire (APQ)

(Parent Form)

Child's Name:	ID#:				
Parenting Completing Form (Circle One):	Mother	Father	Other:		

Instructions: The following are a number of statements about your family. Please rate each time as to how often it **TYPICALLY** occurs in your home. The possible answers are <u>Never</u> (1), <u>Almost Never</u> (2), <u>Sometimes</u> (3), <u>Often</u> (4), and <u>Always</u> (5). PLEASE ANSWER ALL ITEMS.

	Never	Almost Never	Sometimes	Often	Always
1.You have a friendly talk with your child	1	2	3	4	5
2.You let your child know when he/she is doing a good job with something.	1	2	3	4	5
3.You threaten to punish your child and then do not actually punish him/her.	1	2	3	4	5
4. You volunteer to help with special activities that your child is involved in (such as sports, boy/girl scouts, church youth groups.	1	2	3	4	5
5.You reward or give something extra to your child for obeying you or behaving well.	1	2	3	4	5
6.Your child fails to leave a note or to let you know where he/she is going.	1	2	3	4	5
7.You play games or do other fun things with your child.	1	2	3	4	5















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	Never	Almost Never	Sometimes	Often	Always
8. Your child talks you out of being punished after he/she has done something wrong.	1	2	3	4	5
9. You let your child out of punishment early (like lift restrictions earlier than you originally said).	1	2	3	4	5
10. Your child helps plan family activities.	1	2	3	4	5
11. You get so busy that you forget where your child is and what he/she is doing.	1	2	3	4	5
12. Your child is not punished when he/she has done something wrong.	1	2	3	4	5
13. You attend PTA meetings, parent/teacher conferences, or other meetings at your child's school.	1	2	3	4	5
14. You tell your child that you like it when he/she helps out around the house.	1	2	3	4	5
15. You don't check that your child comes home at the time she/he was supposed to.	1	2	3	4	5















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	Never	Almost Never	Sometimes	Often	Always
16. You don't tell your child where you are going.	1	2	3	4	5
17. Your child comes home from school more than an hour past the time you expect him/her.	1	2	3	4	5
18. The punishment you give your child depends on your mood.	1	2	3	4	5
19. Your child is at home without adult supervision.	1	2	3	4	5
20. You spank your child with your hand when he/she has done something wrong.	1	2	3	4	5
21. You ignore your child when he/she is misbehaving.	1	2	3	4	5
22. You slap your child when he/she has done something wrong.	1	2	3	4	5
23. You take away privileges or money from your child as a punishment.	1	2	3	4	5
24. You send your child to his/her room as a punishment.	1	2	3	4	5
25. You hit your child with a belt, switch, or other object when he/she has done something wrong.	1	2	3	4	5















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	Never	Almost Never	Sometimes	Often	Always
26. You yell or scream at your child when he/she has done something wrong.	1	2	3	4	5
27. You calmly explain to your child why his/her behavior was wrong when he/she misbehaves.	1	2	3	4	5
28. You use time out (make him/her sit or stand in a corner) as a punishment.	1	2	3	4	5
29. You give your child extra chores as a punishment.	1	2	3	4	5

Construct: Effective Parenting

Scale Name: Alabama Parenting Questionnaire (APQ)

Developers: Frick, P. J.











