













Ignite Global 360 | Advanced Coach Education Evolving Temple | Psychedelic Integration

Fully-Accredited by the International Coaching Federation (ICF)

TRAUMA-INFORMED PROFESSIONAL COACHING

ADVANCED MASTERY CERTIFICATION SPECIALIZING IN PSYCHEDELIC INTEGRATION

Globally Accredited ICF Levels Education encompassing all three ICF Credentials

MAIN DOMAINS AND STRUCTURE OF THE PROGRAM

Advanced Coach-Specific Education at Ignite Global

At Ignite Global, we specialize in Advanced Coach Specific Education, enabling you to become a masterful coach, embodying heart-based, holistic transformational coaching.

Our signature programs include Individual Coaching, Group & Team Coaching, Child/Adolescent Development, and Parenting Coaching, with the possibility to specialize in a wide variety of coaching specialties such as Executive Coaching, Leadership Coaching, Trauma Informed Life Coaching, Spiritual Coaching, Relationship Coaching, Psychedelic-Integrated Coaching, etc. All our programs are suitable for both individuals who intend to excel as Professional Coaches, and professionals passionate about sharpening their leadership communication.

As a professional Coach, you are aware of the lifelong transformational journey of development. Reassuring your further development, during this journey, you will explore ways to deeply look into your inner self and lead an inspired life. And most importantly, gain the mastery of creating value and impact in others and the world at large. Coaching is a unique higher vibrational profession, and we are proud that coaching truly is a noble profession.

Professional Coaching Advanced Mastery Certification (PCAMC) is a Comprehensive Coach Specific Education Program encompassing A to Z Professional Development, welcoming newcomer beginners to seasoned Master Certified Coaches. The program consists of Advanced Level Coaching Education, ICF Mentoring Requirements, ICF Assessment, ICF Credentialing Exam, and all-inclusive ICF Credential preparation as a one-stop service. We are fully equipped to guide you through all four ICF Credentials: ACC, PCC, MCC, and ACTC.

We are truly Global; our programs can be accessed from anywhere in the world at your fingertips. All our programs can be fully completed 100% virtually. And we also conduct retreat-based trainings in Asia.

Seven key highlights of our programs.

- 1. Your journey begins at the very basic, and we facilitate your development as an advanced professional systematically on an accelerated phase.
- 2. We only accept a maximum of 12 students into our public cohorts, providing individual attention focusing on your 360 development as a Professional Coach at every stage.
- 3. We are passionate about sharing this life-transforming knowledge, and we want to make it available to as many individuals and professionals as possible; hence, our world-class program fees are affordable. And our value-packed foundation programs are free.
- 4. We incorporate Coaching Science and Art, Psychology, Neuroscience, Industry Best Practices, and Practical Ancient Eastern Philosophies with science and energy perceptions in a good balance in building the legend of a Masterful Coach.
- 5. We utilized Experience Based Adult-Centric Learning Pedagogy in creating this program, including empowering, intriguing, and introspective activities that will keep your senses alive through and create paradigm shifts.
- 6. All Ignite programs include comprehensive Marketing and Business Development training, six months of Business Coaching, and an international professional network to practice coaching as a privilege of being an Ignite Certified Coach.
- 7. As a Leading Global Coach Education provider, we also support, nurture, and co-create with a large Professional Network of Coaches, creating a thriving community.

This program is part of Ignite's Advanced Bridge Program, which enables you to embody masterful coaching from the very beginning of your coaching practice and create a direct professional development path towards all three ICF Credentials and beyond.

It is essential to move beyond the mediocrity of average coaching at the down of the development of AI technologies. Undoubtedly, the coaches who embody the expression of 'humanness' navigating consciousness of the human condition, energetic perception, and intuitive abilities to deliver masterful coaching are inclined to excel and thrive.

If you intend to embody mastery in your coaching delivery at the Master Certified Coach Credential Level at your earliest (regardless of your credential level) and beyond, commencing advanced coach education at your earliest is essential. True mastery of coaching is gained through the application of advanced coaching knowledge, skills, and best practices over a significant period of time.

At Ignite Global, we have extensive experience in delivering mastery of accredited quality coach education, enabling you to excel in industry standards confidently. Hence, commencing your advanced coach education journey at your earliest is essential to excel as a truly Masterful Coach.

This program encompasses advanced mastery level coaching education, ICF assessment requirements, and all-inclusive ICF Credential preparation as a one-stop service. We have an amazing group of aspiring coaches joining our programs from around the world, and we celebrate the excitement and value of co-creation together as an alliance.

Trauma-informed Coaching:

With a specialized focus on Trauma-Informed Coaching Certification, aspiring coaches will delve into a coaching modality that profoundly acknowledges the widespread influence of trauma on individuals. This curriculum is built upon the foundational principles of trauma-informed care, seamlessly integrated into the coaching process. Let's explore the core components:

- 1. Recognizing Trauma: At the heart of trauma-informed coaching is the realization that a substantial segment of individuals has faced trauma—be it adverse childhood incidents, accidents, losses, or various traumatic experiences.
- 2. Prioritizing Safety: This modality is anchored in the principle of curating a secure, non-judgmental space for clients. Recognizing the potential for triggers emphasizes necessary adjustments to ensure client comfort and security.
- 3. Embracing Collaboration: Moving away from a directive approach, trauma-informed coaching champions a collaborative stance, emphasizing client autonomy and choice throughout their healing trajectory.
- 4. A Comprehensive Approach: Acknowledging that trauma permeates the mental, physical, and spiritual dimensions, this methodology employs techniques catering to the entirety of an individual.
- 5. Harnessing Resilience: Central to this approach is a spotlight on an individual's innate resilience and strengths, guiding them to unlock their inherent healing and growth potential.
- 6. Knowledge-Driven Coaching: Leveraging deep insights into the neurological and behavioral ramifications of trauma, coaches equipped with this training offer strategies meticulously tailored to the needs of those impacted by trauma.

In summary, this curriculum immerses you in the art and science of trauma-informed coaching, refining your abilities to sensitively and effectively navigate the unique journeys of trauma-impacted clients, making coaching a transformative and restorative experience.

Specialize in Psychedelic Integrated Coaching:

In the rapidly evolving landscape of personal and professional development, Psychedelic-Assisted Coaching emerges as a specialized modality, and we have the world's first-ever ICF-Accredited Psychedelic-Integrated Coaching Certification delivered as a Professional Qualification, fusing traditional coaching tenets with the profound insights drawn from responsible psychedelic experiences. This curriculum delves deep into this innovative coaching method. Here's a brief breakdown:

- 1. Core Coaching Values: While venturing into the realms of psychedelic experiences, our program never loses sight of foundational coaching values—ensuring client autonomy, honing active listening skills, and effective goal-setting remain at the forefront.
- 2. The Art of Integration: This modality stresses the importance of weaving insights from psychedelic journeys into the fabric of one's daily life. Given the depth and magnitude of these experiences, integration becomes pivotal to make these revelations actionable and prevent them from being abstract or overwhelming.
- 3. A Sanctuary of Safety & Ethics: Recognizing the profound nature of psychedelic experiences, our training prioritizes the creation of a secure, confidential, and non-judgmental space for clients. This ensures they can freely share and reflect upon their journeys.
- 4. A Holistic Approach: Psychedelic experiences touch every facet of human existence—mind, body, and soul. Our coaching techniques, therefore, adopt a holistic stance, addressing clients' mental, emotional, physical, and spiritual dimensions.
- 5. Knowledge Empowerment: Our coaches are equipped with a deep understanding of how psychedelics impact the brain, their potential risks, and best practices for harm reduction. This knowledge ensures clients are well-informed as they embark on or reflect upon their psychedelic journeys.
- 6. Joint Exploration: Our curriculum emphasizes collaborative engagement, guiding coaches to walk alongside clients as they navigate the myriad meanings, insights, and challenges stemming from their psychedelic encounters. This collaborative stance aids in fostering personal growth and enduring benefits.

This Psychedelic-Assisted and Trauma-Informed Coaching Qualification seeks to empower aspiring coaches and their clients to harness the transformative essence of their psychedelic experiences, anchoring them firmly in their continuous journey of self-evolution. We operate within legal parameters, focusing on guiding and supporting clients post-experience without promoting or endorsing any illegal activities.

We are authentic and BOLD, and we know our stuff. This is an invitation for you to co-create with us if this ignites a spark in you!

PROGRAM STRUCTURE AND ICF ACCREDITATION STANDARD

Below is a brief summary of the components of the program through a step-by-step process for your comprehension. We are able to provide this program through our public cohorts as well as through customized programs addressing the unique needs of both individuals and organizations.

- The Certification Standard designates you as a Trauma-informed Senior Practitioner for Psychedelic Integration.
- ICF Synchronous mandatory education stipulates at least 50% of real-time coach educator-led training, and 80% of the Coach Education must be based on ICF Co-competency.
- Ignite Global is accredited with ICF's newest accreditation standard Levels
 Certification.
- Prerequisite: All participants are required to begin the program at the Foundation Level, and no prerequisites are necessary to enroll in the Foundation Level.
- Age requirement: Individuals of age 18+
- Medium of delivery is English
- Completion of each stage may take up to 4 to 6 months to complete.

Do you require more information and your investment structure?

If you find yourself in need of additional information or if you'd like to gain a deeper understanding of our investment structure, please don't hesitate to reach out to our dedicated team. You can connect with us by sending an email to hello@igniteglobal360.com.

Ready to enroll in the program?

We welcome aspiring practitioners who are truly committed to pursuing this path. Prior to enrollment, we kindly ask that you arrange a consultation with the program's director, Fernando Hettiyadura, ICF MCC & Alternative Multidisciplinary Therapist. Please don't hesitate to request your consultation call here.

Should you wish to connect with the program's lead facilitator for a consultation with regard to this professional certification, choose the time that suits you best here or reach out to us via email at leah@igniteglobal360.com.

Below are the main domains of the comprehensive ICF Professional Development Path Encompassing ACC, PCC, and MCC Credentials via Ignite Foundation for Coaching Mastery and Advanced Bridge Program and the additional domains essential for building a Coaching Practice

Ignite Global 360 Advanced Coach Education

TRAUMA-INFORMED PROFESSIONAL COACHING ADVANCED MASTERY CERTIFICATION SPECIALIZING IN PSYCHEDELIC INTEGRATION

STAGE ONE: Foundation Level

(Encompassing ICF Associate Certified Coach (ACC) Credential)

1. Introduction to Coaching as a Profession

- 1.1. Understanding essential characteristics, mindsets, and behaviors of a Professional Coach
 - 1.1.1. The key attribute of a coach curiosity
 - 1.1.2. Introduction to Consciousness and Fernando's Stages of Awareness Model
 - 1.1.3. Understanding oneself in depth Psychometric Tests
 - 1.1.4. Coaching as a Reflective Practice
- 1.2. Understanding the professional role of a coach
 - 1.2.1. Creating a non-judgmental reflective space for your clients
 - 1.2.2. Introduction to embodiment of learner energy as a coach
 - 1.2.3. Introduction to navigating complexities of confidentiality in a coaching relationship
 - 1.2.4. Helping vs providing a professional service
 - 1.2.5. Introduction to coach doing vs being
- 1.3. Listening and examining a coaching conversation on overcoming unresolved emotional baggage

2. Essential Psychology & Neuroscience for Professional Coaches

- 2.1. Introduction to Essential Neuroscience
 - 2.1.1. In-depth neurological awareness of human emotion, feelings, and thoughts
 - 2.1.2. Introduction to good vs bad and pleasure vs pain

- 2.1.3. Examining the neurology of a psychopath's brain
- 2.1.4. Introduction to Trauma-Informed Coaching
- 2.2. Introduction to Integrative Psychological and Behavioral Science
 - 2.2.1. Essential Human behavior dynamics The Drama Triangle
 - 2.2.2. Drama Triangle from a coaching lens
 - 2.2.3. Windows of the blind spots of your clients
 - 2.2.4. Understanding the dynamics of the human mind Fernando's Mind Mirror
 - 2.2.5. Living in a prison without even knowing the mind
 - 2.2.6. Understanding Emotions vs Feelings and Thoughts (Recap)
 - 2.2.7. The essentials of Emotional Intelligence for a professional coach
 - 2.2.8. Energy alignments How to use YALE Mood Meter in Coaching
 - 2.2.9. Cognitive distortions Psychology of limiting believes
 - .2.10. Introduction to integrating Somatic Awareness in coaching

3. Introduction to Coaching Science

- 3.1. Understanding the professional definition of coaching
 - 3.1.1. History and evolution of coaching
 - 3.1.2. Technical understanding of coaching as a counterintuitive process
 - 3.1.3. Industry definition of professional coaching based on ICF standards
- 3.2. Listening to a coaching recording. Grief coaching session incorporating mastery level ICF competency.
- 3.3. Can coaching facilitate all developmental needs of individuals and organizations?
 - 3.3.1. Value proposition of coaching from the client's perspective
 - 3.3.2. The fine line between Therapy, Counselling, Consulting and Mentoring vs Coaching
 - 3.3.3. ICF guide for referring clients to an appropriate professional.
 - 3.3.4. The indicators of identifying client's need to be referred to an appropriate professional

- 3.3.5. How is coaching packaged as a commercial service?
- 3.4. Catalyst of transformational change in coaching
 - 3.4.1. External Motivation vs Self-Motivation
 - 3.4.2. Self-efficacy and metamorphosis stages of change
 - 3.4.3. Dynamics of Coaching Specialties
- 3.5. Stages of a coaching engagement from a practical and operational perspective

4. Cultivating complex dynamics of coach-client relationship

- 4.1. Coaching is an authentic relationship Introduction to brain science of human connections
- 4.2. Influence vs authority in professional coaching
- 4.3. Coaching is an equal partnership
 - 4.3.1. Exploring the involvement of empathy, sympathy, and apathy in coaching
 - 4.3.2. Empathy Mapping Can you cultivate empathy as a Professional Coach?
 - 4.3.3. How to embody empathy as a professional coach
- 4.4. Establishing the foundation of coach-client relationship
- 4.5. Introduction to embodying the power of intense emotions, fear, and shadows in clients
- 4.6. Develop intuitive abilities in identifying the Strengths, Values, and Passions of the Client
- 4.7. The true power of the coach the presence
 - 4.7.1. What reflects in the mind mirror of a professional coach
 - 4.7.2. Story of the little boy and the wise old man
 - 4.7.3. Introduction to key aspects of coaching presence
 - 4.7.4. Techniques to develop coaching presence
- 4.8. Never work harder than the client! How to be a catalyst of 'breakthrough coaching'?
- 4.9. Listening to a Coaching Recording Parenting Coaching Session

5. Pragmatic Execution of Professional Coaching at Industry Standard

- 5.1. The zoom out The Coaching Engagement A to Z
 - 5.1.1. Story of the mountain climber and the treasure-hunt to the summit Global coaching agreement
 - 5.1.2. Simplifying Coaching Engagement
- 5.2. The zoom in Simplifying Coaching Process A to Z
 - 5.2.1. The consultation and compatibility Creating a Vision
 - 5.2.2. The three stages of contracting in coaching
 - 5.2.3. Functional elements of a coaching session
 - 5.2.4. Introduction on how to measure the impact of coaching Conversion of Return on Investment (ROI) into Return on Expectations (ROE)
 - 5.2.5. Foundation of setting the pace for a coaching conversation
- 5.3. Introduction to functional elements of a coaching session
 - 5.3.1. Goal setting in coaching Coaching agreement for the session
 - 5.3.2. Introduction of advanced goal-setting techniques
 - 5.3.3. Coaching the 'who' vs 'what'
 - 5.3.4. Managing the direction of the coaching conversation
 - 5.3.5. Essential key technicalities of coaching
 - 5.3.6. Dancing in the moment with the client deepening awareness
 - 5.3.7. Key technicalities of deepening awareness
 - 5.3.8. The importance of peak moments in the coaching conversation
 - 5.3.9. How to identify peak moments
 - 5.3.10. Introduction to action emerging reflective conversation
 - 5.3.11. Coach as the partnering strategist and the client as the expert
 - 5.3.12. Holding client accountable a crucial element of client development
 - 5.3.13. Complexities and the levels of accountability

- 5.3.14. Creating a lasting impact on client–support systems and resource pool
- 5.3.15. Concluding the coaching session on a high note
- 5.3.16. Evaluating levels of progress of the client development
- 5.3.17. Encouragement and celebration
- 5.4. Coaching is a co-active journey
 - 5.4.1. Introduction to integration of coaching co-competencies, best practices, and mastery into a coaching session
 - 5.4.2. Managing the coaching process throughout the coaching engagement
 - 5.4.3. Embodiment of coaching mindset in client
 - 5.4.4. How to conclude a coaching engagement
- 5.5. Introduction to ICF Professional Standard of Coaching
 - 5.5.1. Introduction to International Coaching Federation (ICF)
 - 5.5.2. ICF Code of Ethics and professional guidelines simplified with real-world industry scenarios
 - 5.5.3. ICF Coach Education and Certification Standard
 - 5.5.4. ICF Credentialing Paths Simplified
 - 5.5.5. ICF Credentialing Mock Exam the new structure
 - 5.5.6. Advantages of becoming an ICF Member/ICF Credentialed Coach
- 5.6. Using Models to Strategize Problem Solving
 - 5.6.1. Some Popular Approaches and Tools that can complement coaching
 - 5.6.2. Pitfalls to avoid as a new coach for a successful coaching practice
 - 5.6.3. Importance of self-care mentoring and supervision for a professional coach

6. Specializing in Coach Specific Technical Communication

- 6.1. Attributes of a reflective practitioner
- 6.2. Introduction to technical listening in reflective practice
 - 6.2.1. The story of burnt-out employee Jack Marvel
 - 6.2.2. What are we listening for?

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- 6.2.3. Deep listening goes beyond the ears
- 6.2.4. Inward and outward listening techniques essential for a new coach!
- 6.2.5. Application of kinesthetic listening essential for a new coach!
- 6.2.6. Introduction to intuitive listening commencing the mastery
- 6.2.7. Reading between lines Story of Georgia Nim and her friend
- 6.2.8. Providing unconditional positive regards to your client
- 6.3. Silence speaks volumes the power of silence in coaching
 - 6.3.1. What is silence in coaching?
 - 6.3.2. The power of silence
 - 6.3.2. What does the silence say? Listening to silence
 - 6.3.3. Listening techniques for reflective practitioners
 - 6.3.4. How to practice listening tangible techniques to implement immediately
- 6.4. Introduction to mindful inquiry the driving force of coaching
 - 6.4.1. Questions vs Inquiry
 - 6.4.2. Levels of technical inquiry
 - 6.4.3. Questions (inquiry) are more powerful than the answer
 - 6.4.4. Introduction to Powerful Inquiry Techniques
- 6.5. Navigating the complexities of providing feedback to the client
 - 6.5.1. Windows of blind spots
 - 6.5.2. Redefining the definition of feedback for professional coaching
 - 6.5.3. Fernando's three Step feedback Mechanism as a Coach
 - 6.5.4. 16 examples of real-world feedback scenarios
- 6.6. The 15 minutes before a coaching call
- 6.7. Techniques to mindfully pattern interrupt unconstructive dialogue

7. Advanced Awareness, Attributes, and Mental Models for a Masterful Professional Coach

- 7.1. What if the client is going in rounds with no value creation? Readiness for change assessment.
- 7.2. Coach as a professional artist Power of creativity and imagination in coaching
- 7.3. Introduction of using metaphors and analogies
- 7.4. How to handle a client's intense or negative emotion
- 7.5. The world within the human being
- 7.6. The autopilot humans
- 7.7. Understanding the depths of consciousness and altered states of consciousness
- 7.8. Transformation of vibrational change
- 7.9. Three essential advance attributes masterful coaches embody
- 7.10. Understanding toxic positivity and managing the client's expectations
- 7.11. Trauma-informed coaching
 - 7.11.1. How human emotion, psychology, physiology, and behavior are connected
 - 7.11.2. Influences of human behavior
 - 7.11.3. Therapy modalities to create significant transformation in clients
- 7.12. Professional overview of Specializations of coaching
 - 7.12.1. Life Coaching
 - 7.12.2. Executive Coaching
 - 7.12.3. Leadership Coaching
 - 7.12.4. Relationship Coaching
 - 7.12.5. Child/Adolescent Development and Parenting Coaching
 - 7.12.5. Spiritual Coaching
 - 7.12.7. Career Coaching
 - 7.12.8. Creativity Coaching
 - 7.12.9. Confidence and Resilience Coaching
 - 7.12.10. Group and Team Coaching
 - 7.12.11. Coaching in Humanitarian Development

- 7.12.12. Wellness Coaching
- 7.12.13. Coaching Style Leadership Approach
- 7.12.14. Coaching Style Parenting Approach
- 7.12.15. Agile Coaching

8. Trauma-Informed Coaching

- 8.1. Foundations of Trauma-Informed Coaching
 - 8.1.1. The evolution of trauma-informed practices in coaching
 - 8.1.2. Ethical principles and professional boundaries in trauma-informed coaching
 - 8.1.3. Recognizing the widespread impact of trauma in diverse populations
- 8.2. Advanced Trauma Theory and Neuroscience
 - 8.2.1. Deepening understanding of trauma types: Acute, chronic, and complex
 - 8.2.2. Neurobiology of trauma: Brain structures and processes
 - 8.2.3. Polyvagal theory and its implications in coaching
- 8.3. Trauma's Impact on Identity and Worldview
 - 8.3.1. Trauma narratives and their role in shaping self-concept
 - 8.3.2. Cultural, societal, and intergenerational dimensions of trauma
 - 8.3.3. Trauma's effects on memory, perception, and decision-making
- 8.4. Advanced Safety Creation in Coaching
 - 8.4.1. Building profound trust and creating a secure environment
 - 8.4.2. Recognizing and navigating triggers in coaching conversations
 - 8.4.3. Safety planning and crisis management strategies
- 8.5. Trauma-Informed Coaching Techniques
 - 8.5.1. Somatic approaches in trauma-informed coaching
 - 8.5.2. Cognitive restructuring and reframing techniques
 - 8.5.3. Mindfulness and grounding exercises tailored for trauma survivors

- 8.6. Resilience, Strengths, and Post-Traumatic Growth
 - 8.6.1. The science of resilience and its role in healing
 - 8.6.2. Coaching techniques to amplify strengths and adaptive capacities
 - 8.6.3. Navigating the journey from trauma survivor to thriver
- 8.7. Ethical Considerations in Advanced Trauma Coaching
 - 8.7.1. Complex ethical dilemmas in trauma-informed coaching
 - 8.7.2. Dual relationships, power dynamics, and other potential pitfalls
 - 8.7.3. Collaboration with other healthcare professionals and appropriate referrals
- 8.8. Special Topics in Trauma-Informed Coaching
 - 8.8.1. Coaching survivors of specific traumas (e.g., sexual assault, war, natural disasters)
 - 8.8.2. Trauma in marginalized and at-risk populations
 - 8.8.3. Addressing trauma in systemic and organizational contexts
- 8.9. Vicarious Trauma and Coach Self-Care
 - 8.9.1 Understanding the impact of trauma work on coaches
 - 8.9.2 Strategies for self-care and preventing burnout
 - 8.9.3 Building a support system and engaging in reflective supervision
- 8.10. Building and Growing a Trauma-Informed Coaching Practice
 - 8.10.1 Niche marketing and branding in trauma-informed coaching
 - 8.10.2 Establishing partnerships and networks with trauma-focused organizations
 - 8.10.3 Continuous professional development and staying updated
 - 8.10.4. Case study evaluation: Demonstrating trauma-informed coaching expertise
 - 8.10.5. Self-reflective essay on personal and professional growth throughout the program
 - 8.10.6. Peer-to-peer coaching demonstrations with comprehensive feedback
 - 8.10.7. Post-Certification Supervision and Peer Support

Comprehensive Curriculum | ICF-Accredited
Trauma-Informed Professional Coaching Advanced Mastery Certification Specializing in Psychedelic Integration
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9. Mastery of ICF Co-Competency and Minimum Skills Requirements for acquiring Professional Standard for ACC Level.

9.1. Group discussions addressing challenges, case studies, and advanced topics

10. Acquiring Global Recognition ICF ACC Credential Bundle (Optional)

10.1. Mentorship sessions with established trauma-informed Master Coaches

This advanced curriculum ensures that certified coaches are equipped with the deep knowledge, empathetic skills, and ethical grounding required to effectively support clients with trauma histories.

Should you wish to connect with the program's lead facilitator for a consultation with regard to this professional certification, choose the time that suits you best here or reach out to us via email at leah@igniteglobal360.com.

Ignite Global 360 Advanced Coach Education

TRAUMA-INFORMED PROFESSIONAL COACHING ADVANCED MASTERY CERTIFICATION SPECIALIZING IN PSYCHEDELIC INTEGRATION

STAGE TWO: Practitioner Level

(Encompassing ICF Professional Certified Coach (PCC) Credential)

11. Introduction to Masterful Coaching as a professional reflective practice

- 11.1. Understanding essential characteristics, mindsets, and behaviors of a Professional Coach
- 11.2. How the coach gets in the way of the client.
- 11.3. Embodiment of presence, energy, and states of being as a Masterful Coach
- 11.4. Letting the guard down and coaching as 'you'
- 11.5. Coaching as a holistic reflective embodiment as an advanced practitioner
- 11.6. The difference between a coach and a master coach
- 11.7. A mastery is a state of being
- 11.8. Multidimensional aspects of curiosity and identifying the right type of curiosity for masterful coaching
- 11.9. Reflection Quantum-level understanding of the observer effect
- 11.10. Reactions vs observer
- 11.11. The artistry of masterful coaching
- 11.12. Value creation Coach vs Client
- 11.13. Navigating complexities of confidentiality in a coaching relationship
- 11.14. Redefining co-creation as an advanced coach practitioner
- 11.15. Energy alignments required by an advanced Coach Practitioner.
- 11.16. Techniques to act in response to the 'whole person' as the client

12. Deep awareness of human consciousness within and beyond (Elective, asynchronous)

12.1. Human Consciousness

- 12.1.1. Deep understanding of levels of consciousness
- 12.1.2. The journey into the expansive universe inward and outward
- 12.1.3. The Earth our place in the universe and how it relates to your client
- 12.1.4. Nature of vibrational existence and implications in your coaching practice
- 12.1.5. The bigger picture the role consciousness plays in the expansion of the client and the coach

12.2. The Human Being.

- 12.2.1. The human condition
- 12.2.2. Moving beyond intrapersonal and interpersonal being Fernando's Human Disintegration Model
- 12.2.3. Deep dive into the dynamics of the human mind Fernando's Mind Mirror
- 12.2.4. Exploration of pain and pleasure in-depth, in connections to good vs bad and positive vs negative
- 12.2.5. Embodiment of consciousness and human condition at a cognitive level as an advanced reflective practitioner

12.3. Awareness of crucial embodiments of consciousness

- 12.3.1. Incorporating duality in your coaching
- 12.3.2. The altered and superior states of consciousness Becoming the super observer
- 12.3.3. Alternative intelligence and somatic awareness
- 12.3.4. Awareness of human DNA and Evolution
- 12.3.5. Embodiment of time
- 12.3.6. The impact of embodiment death
- 12.3.7. Embodiment of Shadows
- 12.3.8. Can the word 'healing' be used in professional coaching context?

13. Integrating Psychology & Neuroscience in Advanced Coaching Practice (Elective, asynchronous)

- 13.1 The fine line between Therapy, Counseling, Consulting, and Mentoring vs Coaching
- 13.2 Exploration of psychology and neuroscience integrated coaching
- 13.3. Hierarchy of needs and theory of motivation
- 13.4. Trauma-Informed Coaching for Advanced Coach Practitioner
 - 13.4.1. The importance of a coach's awareness of mental illness, emotional and psychological trauma
 - 13.4.2. What is trauma and how to navigate trauma surfacing in coaching
 - 13.4.3. What is addiction and how to manage surfacing addictions in coaching
 - 13.4.4. Mental Health Screening techniques and tools
 - 13.4.5. Introduction to combining Integrative Psychology and Behavioral Science in Coaching
 - 13.4.6. Redefining healing and actualized awareness within the coaching context
- 13.5. Essential awareness of healing, therapy, and mindfulness modalities for Advanced Coach Practitioner
 - 13.5.1. Epigenetics
 - 13.5.2. Attachment systems
 - 13.5.3. Internal Family Systems
 - 13.5.4. Legacy Burdens
 - 13.5.5. Cognitive Behavioral therapy
 - 13.5.6. Clinical Theta Regression
 - 13.5.7. Psychedelic Integration
 - 13.5.8. Mindfulness-Based healing and development
 - 13.5.9. Vipassana Buddhist meditation practice
 - 13.5.10. Compassion, Love & Self-actualization based healing (loving self)
 - 13.5.11. Classical Conditioning Psychology
 - 13.5.12. Somatic awareness integrated coaching

- 13.6. Practical tools and best practices to identify, address and navigate emotional and psychological trauma and mental health aspects into client's development
- 13.7. Referring the client to relevant professionals and determining the right role for you as a coach
- 13.8. Multidimensional advantages of building an alliance with interlinked professionals.

14. Complexities of cultivating Coach-Client Relationship

- 14.1. Redefining compassion, empathy and the role of the master practitioner
- 14.2. Vulnerability in coaching
 - 14.2.1. Vulnerability as a way of establishing a powerful coach-client relationship
 - 14.2.2. Can a coach display vulnerability?
 - 14.2.3. Arts of the Masters Vulnerability as a driving force for client development
- 14.3. Multidimensional aspects of confidence in Advanced Coach Practitioner
- 14.4. Advanced techniques of embodying the power of intense emotions, fear, and shadows in clients
- 14.5. Deep dive into embodying intuitive abilities
- 14.6. Levels of energy alignments for a masterful reflective practitioner
- 14.7. Coaching is an equal partnership

15. Advance mastery of Coaching Science as an action-focused reflective practice

- 15.1. Reality check Transformational value-derived coaching
- 15.2. Creating your own Signature Definitions of coaching as an advanced coach practitioner
- 15.3. Client-centered and client-led coaching
- 15.4. Visioning coaching engagement as a co-active process for client's growth and development
- 15.5. Intricacies in advanced techniques for coaching the person vs problem
- 15.6. Coach and understanding the client
- 15.7. The value creation through the power of unknown
- 15.8. Expertise in being in the moment as an advanced coach practitioner

15.9. Coach and tough love

- 15.10. Integration of coaching co-competencies, best practices, and mastery into a coaching session Live
 - 15.10.1. Goal setting in coaching, Global Goal & Session Goals
 - 15.10.2. Mastering the goal-setting techniques for transformational coaching
 - 15.10.3. Facilitating Client Growth
 - 15.10.4. Levels of client development
 - 15.10.5. How to end a coaching session on a high note
- 15.11. ICF PCC Requirements
 - 15.11.1. ICF PCC Competency Breakdown
 - 15.11.2. Listening to Coaching recording incorporating PCC Levels skills and debrief
- 15.12. ICF MCC Requirements
 - 15.12.1. ICF MCC Competency Breakdown
 - 15.12.2. Listening to a coaching recording incorporating MCC Level Skills. Parenting Coaching Session.

16. Specializing in Coach Specific Technical Communication

- 16.1. Artistry of presence for a masterful coach
- 16.2. Advance technical listening for a masterful practitioner
 - 16.2.1. The stories silence says
 - 16.2.2. Listener as a full spectrum learner
 - 16.2.3. Linear and nonlinear listening
 - 16.2.4. Cumulative listening
- 16.3. Questions vs Inquiry
 - 16.3.1. What is more important in a coaching session, the inquiry or the answers?
 - 16.3.2. Simplicity in advanced techniques of mindful inquiry
- 16.4. Masters explore beyond comfort zones

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17. Advanced Awareness, Attributes, and Mental Models for a Masterful Professional Coach

- 17.1. How to navigate lack, insecurities, and adversarial behaviors of clients
- 17.2. The mastery of language use for a reflective practitioner
- 17.3. Advanced reflective practices Coach does not have to 'work' to coach
- 17.4. The coach trusts that value is inherent in the process versus having any need to create value.
- 17.5. Creating High-value Signature Offers and creating solutions using coaching as the key driver
- 17.6. Coaching and the future
- 18. Mastery of ICF Co-competency and Minimum Skills Requirements for acquiring Professional Standard for PCC Level.
- 19. Acquiring Global Recognition ICF PCC Credential Bundle (Optional)

Should you wish to connect with the program's lead facilitator for a consultation with regard to this professional certification, choose the time that suits you best here or reach out to us via email at leah@igniteglobal360.com.

Ignite Global 360 Advanced Coach Education

TRAUMA-INFORMED PROFESSIONAL COACHING ADVANCED MASTERY CERTIFICATION SPECIALIZING IN PSYCHEDELIC INTEGRATION

STAGE THREE: Advanced Mastery Practitioner Level

(Encompassing ICF Master Certified Coach (MCC) Credential)

20. Foundations of Psychedelic Integrated Coaching

- 20.1. Introduction to Psychedelic Integrated Coaching
- 20.2. Ethical considerations and legal parameters
- 20.3. Historical and cultural contexts of psychedelic use
- 20.4. Distinction between traditional coaching and psychedelic integrated coaching

21. Understanding trauma: Definitions, sources, and manifestations

- 21.1. Understanding trauma: Definitions, sources, and manifestations
- 21.2. Neurological implications of trauma
- 21.3. Trauma's impact on personal identity and worldview
- 21.4. The intersection of trauma and psychedelic experiences

22. Overview of psychedelics and their effect on the brain

- 22.1. Overview of psychedelics and their effect on the brain
- 22.2. Psychedelic experiences: Neurological and psychological perspectives
- 22.3. Integration: The neuroscience of consolidating psychedelic experiences

23. Principles of Safe and Effective Integration

- 23.1. The importance of set and setting pre, during, and post-experience
- 23.2. Techniques for grounding and managing overwhelming experiences
- 23.3. Translating insights into actionable life changes

24. Holistic and Client-Centered Approaches

- 24.1. The body, mind, and spirit in psychedelic integrated coaching
- 24.2. Ensuring client autonomy in the integration process
- 24.3. Collaborative goal-setting in the context of psychedelic insights

25. Advanced Coaching Techniques for Integration

- 25.1. Active listening and powerful questioning for deeper exploration
- 25.2. Visualization, anchoring, and other NLP techniques tailored to integration
- 25.3. Strength-based approaches to leverage psychedelic insights

26. Ethical and Professional Considerations

- 26.1 Boundaries in the coaching relationship
- 26.2 Addressing potential biases, prejudices, and cultural sensitivity
- 26.3 Knowing when to refer clients to other professionals (e.g., therapists)

27. The Therapeutic Potential of Psychedelics

- 27.1. Review of clinical studies and their implications for coaching
- 27.2. The future of psychedelic research and its impact on coaching
- 27.3. Case studies: Real-world applications and lessons learned

28. Risk Management and Harm Reduction

- 28.1. Recognizing and managing adverse reactions
- 28.2. Educating clients about responsible use
- 28.3. Addressing the stigmas associated with psychedelic use

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29. How to create a Professional Practice

- 29.1. Building a Psychedelic Integrated Coaching Practice
- 30. Mastery of ICF Co-competency and Minimum Skills Requirements for acquiring Master Practitioner Standard for MCC Level.
- 31. Acquiring Global Recognition ICF MCC Credential Bundle (Optional)



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ADDITIONAL DOMAINS FOR A SUCCESSFUL COACHING PRACTICE

Mastery of ICF Co-Competency and Minimum Skills Requirements for acquiring Professional Standard for ACC, PCC, and MCC Credentials

- + Please find the ICF Co-competency in Appendix A
- + And the ICF Minimum Skills Requirement for MCC Credential (MCC Markers) in Appendix B

MARKETING & BUSINESS DEVELOPMENT

A. Ignite Credential Accelerator: Acquisition of coaching experience (ICF-recognized paid coaching hours)

As a professional coach, it is natural that you are determined to acquire ICF Credentials, ACC, PCC, or MCC designations at your earliest. Being directly designated by ICF as an accredited Coach certainly increases your credibility leading to building a successful Coaching Practice as a Professional Coach. We commend your passion and dedication to take your professional Development to the next level.

We at Ignite Global, as an ICF-accredited Coaching Education Provider, understand your desire to acquire ACC, PCC, or MCC designations, and we have witnessed many coaches struggle to gain these designations on their own and even give up after trying hard. So, we have created a platform that will accelerate gaining your ACC, PCC, or MCC credentials with constant motivation and accountability.

More about Ignite Credential Accelerator.

B. Ignite Business Development Series: Essential business development aspects for a successful coaching practice

B.1 Ignite Business MasterMind

Twelve months of proven business development & marketing strategies via live masterclasses. Ignite Business MasterMind runs for over a year providing you with organic business and marketing strategies for establishing a coaching business step by step.

- B.1.1. Diminishing mental blocks and cultivating a Winning Money Mindset Shamelessly!
- B.1.2. Learn to break rules! Avoid the biggest self-branding mistakes most coaches make!
- B.1.3. How to deliver a Winning Sales Call
- B.1.4. Business success and Networking Smart, over networking hard!
- B.1.5. Using assessments & testing tools for Business Success
- B.1.6. How to create a co-active business funnel for a Snowballing Income
- B.1.7. How to create an organic following of paying clientele
- B.1.8. Can't sell your packages? You are probably doing it wrong! How to create Irresistible Money-Magnet Offers.
- B.1.9. How to master pricing your offers for truly an abundant income.
- B.1.10. How to build a corporate clientele organically.
- B.1.11. And many more pre-recorded additional Business Development Content

B.2. Ignite Business Incubator

Ignite Business Incubator is six months of business coaching guiding you to strategize your Coaching Business from scratch to success. The cohort includes 12 Business Coaching sessions, each with 90 minutes. The sessions are conducted in a small group setting providing you individual attention to maximize your business impact.

The dates and the timing of the sessions are mutually agreed upon between the team you are assigned to. And we will match the Group and Team coaches with you based on the best convenient time zone for you.

- B.3. Coaching Contract and confidentiality logistic
 - B.3.1. Ignite Global Coaching Agreement and Logistical Agreement (Editable)
 - B.3.2. Ignite Global Service Provider Agreement (Editable)
 - B.3.3. ICF Sample Coaching Agreements

C. Recognition of Excellence: In-person awarding of Certification and Credential

Graduation ceremony is organized by Ignite Global on an annual basis to honor the coaches who excel at ACSTH, Levels Certification, and/or ICF Credentials. You receive the printed Certificate, Award, or Badge of recognition depending on the level you qualify for the attendance of the Grand Award Ceremony. Participation is not mandatory, as you are able to use the digital certification officially. The graduation ceremony takes place in February each year in Bangkok, Thailand. The date of the annual award ceremony is predetermined a year in advance.



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