

ICF-ACCREDITED
PROFESSIONAL COACHING
ADVANCED MASTERY CERTIFICATION
LEVEL TWO EDUCATION
ICF PCC CREDENTIAL BUNDLE



Ignite Global 360 Advanced Coach Specific Education



Ignite Global 360 Advance Coach Education

ICF-ACCREDITED PROFESSIONAL COACHING ADVANCED MASTERY CERTIFICATION

ADVANCED BRIDGE PROGRAM – YOUR DIRECT PATH TO PCC & MCC

ICF Level Two Education for Professional Certified Coach (PCC) Credential

CURRICULUM

At Ignite Global, we specialize in Advanced Coach Specific Education, enabling you to become a masterful coach, embodying heart-based, holistic transformational coaching.

Our signature programs include Individual Coaching, Group & Team Coaching, Child/Adolescent Development, and Parenting Coaching, with the possibility to specialize in a wide variety of coaching specialties such as Executive Coaching, Leadership Coaching, Life Coaching, Spiritual Coaching, Relationship Coaching, Psychedelic Integration Coaching, etc. All our programs are suitable for both individuals who intend to excel as Professional Coaches and professionals passionate about sharpening their leadership communication.

We are glad you are here. Little you would know at the moment, this journey is going to become a pivotal point in your life, leading you in positive directions you didn't imagine. During this journey, you will explore ways to look deeply into your inner self and lead an inspired life. And most importantly, gain the mastery of creating value and impact in others and the world at large. Coaching is a unique higher vibrational profession, and we are proud that coaching truly is a noble profession.

Professional Coaching Advanced Mastery Certification (PCAMC) is a Comprehensive Coach Specific Education Program encompassing A to Z Professional Development, welcoming newcomers to seasoned Master Certified Coaches. The program consists of Advanced Level Coaching Education, ICF Mentoring Requirements, ICF Assessment, ICF Credentialing Exam, and all-inclusive ICF Credential preparation as a one-stop service. We are fully equipped to guide you through all four ICF Credentials, ACC, PCC, MCC, and ACTC.

We are truly Global; our programs can be accessed from anywhere in the world at your fingertips. All our programs can be fully completed 100% virtually. And we also conduct retreat-based training in Asia.



Seven key highlights of our programs.

1. Your journey begins at the very basic, and we facilitate your development as an advanced professional systematically on an accelerated phase.
2. We only accept a maximum of 12 students into our public cohorts, providing individual attention focusing on your 360 development as a Professional Coach at every stage.
3. We are passionate about sharing this life-transforming knowledge and want to make it available to as many individuals and professionals as possible; hence, our world-class program fees are affordable. And our value-packed foundation programs are free.
4. We incorporate Coaching Science and Art, Psychology, Neuroscience, Industry Best Practices, and Practical Ancient Eastern Philosophies with science and energy perceptions in a good balance in building the legend of a Masterful Coach.
5. We utilized Experience Based Adult Centric Learning Pedagogy in creating this program, including empowering, intriguing and introspective activities that will keep your senses alive and create paradigm shifts.
6. All Ignite program includes comprehensive Marketing and Business Development training, six months of Business Coaching, and an international professional network to practice coaching as a privilege of being an Ignite Certified Coach.
7. As a Leading Global Coach Education provider, we also support, nurture and co-create with a large Professional Network of Coaches, creating a thriving community.

Ignite's Advanced Bridge for PCC and MCC Program enables you to embody masterful coaching from the very beginning of your coaching practice and create a direct professional development path toward your PCC and MCC Credentials and beyond.

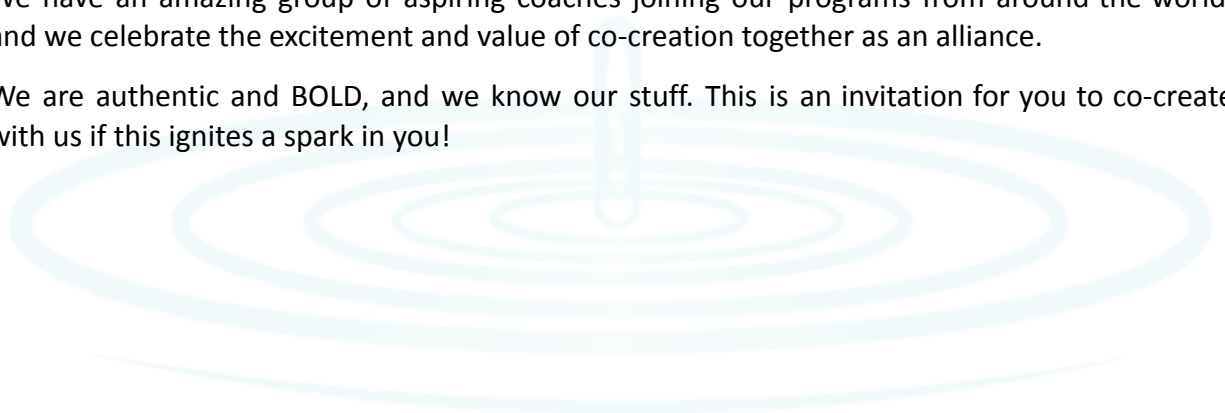
It is essential to move beyond the mediocrity of average coaching at the dawn of the development of AI technologies. Undoubtedly, the coaches who embody the expression of 'humanness' navigating consciousness of the human condition, energetic perception, and intuitive abilities to deliver masterful coaching are inclined to excel and thrive.

If you intend to embody mastery in your coaching delivery at MCC Credential Level at your earliest (regardless of your credential level) and beyond, commencing advanced coach education at your earliest is essential. The true mastery of coaching is gained through the application of advanced coaching knowledge, skills, and best practices over a significant period of time.

At Ignite Global, we have extensive experience in delivering mastery of accredited quality coach education, enabling you to excel in industry standards confidently. Hence, commencing your advanced coach education journey at your earliest is essential to excel as a truly Masterful Coach.

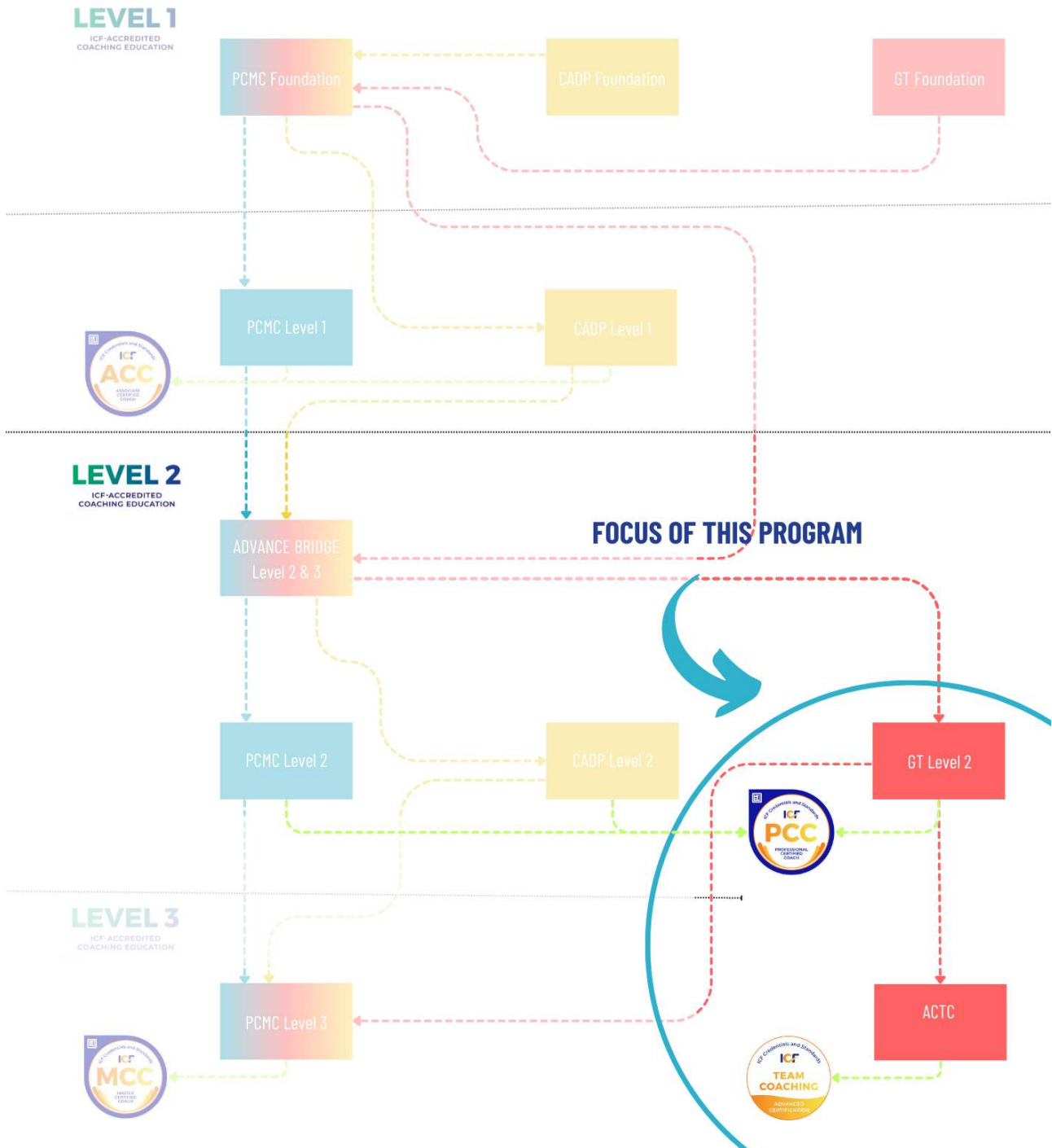
This program encompasses advanced mastery level coaching education, ICF assessment requirements, and all-inclusive PCC and/or MCC Credential preparation as a one-stop service. We have an amazing group of aspiring coaches joining our programs from around the world, and we celebrate the excitement and value of co-creation together as an alliance.

We are authentic and BOLD, and we know our stuff. This is an invitation for you to co-create with us if this ignites a spark in you!



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- ➡ PCMC - Professional Coaching Mastery Certification (Individual Coaching)
- ➡ CADP - Professional Coaching Mastery Certification for Child/Adolescent Development & Parenting
- ➡ GT - Professional Coaching Mastery Certification for Coaching Groups & Teams
- ➡ ACTC - Advance Certification in Team Coaching
- ➡ Mastery of ICF Co-competency



Below are the main domains for the ICF Level Two PCC Credential via Ignite Advanced Bridge Program and the additional domains essential for building a Coaching Practice.

SEVEN DOMAINS OF MASTERY OF THE PROFESSIONAL COACHING ADVANCED EDUCATION

Ignite Advanced Bridge is an evolution of the initial seven domains and the two additional domains of Advanced Coaching Education. Please refer to Ignite Level One Education for the topics (1 to 9) and program components.

10. Introduction to Masterful Coaching as a professional reflective practice
11. Deep awareness of human consciousness within and beyond (Elective, asynchronous)
12. Advanced Psychology & Neuroscience for a masterful Coach (Elective, asynchronous)
13. Complexities of cultivating Coach-Client Relationship
14. Advanced mastery of Coaching Science as an action-focused reflective practice
15. Specializing in Coach Specific Technical Communication
16. Advanced Awareness, Attributes, and Mental Models for a Masterful Professional Coach

ADDITIONAL DOMAINS FOR A SUCCESSFUL COACHING PRACTICE

17. Mastery of ICF Co-competency and Minimum Skills Requirements for acquiring Professional Standards for PCC Level. – APPENDIX A and B
18. Acquiring Global Recognition ICF PCC Credential Bundle

MARKETING & BUSINESS DEVELOPMENT

- A. Ignite Credential Accelerator:** Acquisition of coaching experience (ICF-recognized paid coaching hours)
- B. Ignite Business Development Series:** Essential business development aspects for a successful coaching practice
- C. Recognition of Excellence:** In-person Award Ceremony of Certification and Recognition of ICF Credential Success.

[Register here](#) for the program. Should you wish to connect with the program's lead facilitator or when you are ready to start the Professional Coaching Advanced Mastery Certification for Level Two Education, reach out to us via email at leah@igniteglobal360.com or contact us through our website www.igniteglobal360.com.

PROGRAM STRUCTURE AND ICF ACCREDITATION STANDARD

Below is a summary of the components of the program through a step-by-step process for your comprehension. We are able to provide this program through our public cohorts as well as through customized programs addressing the unique needs of both individuals and organizations.

- ICF Synchronous mandatory education stipulates at least 50% of real-time coach educator-led training, and 80% of the Coach Education must be based on ICF Co-competency.
- Ignite Global is accredited with ICF's newest accreditation standard – Levels Certification.
- Prerequisites for ICF Level Two program.

Option One:

Completed Ignite ICF Level One Certification and a minimum of 100 hours of coaching experience.

Option Two:

ICF ACC Credential or 60 Hours of Comprehensive Coach Specific Education with a minimum of 100 hours of coaching experience.

- The medium of delivery is English.
- The designation of the Certification is Professional Certified Advanced Coach Practitioner (PCACP). Which can be used as a prefix along with your name. i.e., First Name Last Name PCACP (or John Smith PCACP)
- As you obtain ICF Professional Certified Coach Credential, the designation evolves as First Name Last Name PCACP PCC (or John Smith PCACP, PCC)
- Completion of the Level Two Program may take up to 6 months.

STRUCTURE OF THE PROGRAM

The program is connected with ICF Level Two, PCC Credential Track, and subdivided into stages for efficient delivery. For the easy usage of segments of the program, we labeled our programs with the ICF 'Level' of Education and each segment as a 'Stage' within Ignite certification standards. The segments consist of the 'Level Number' and the 'Stage Number' (L#S#). For example, the Level Two and Three Advanced Bridge of this program, which includes bite-size video content and interactive self-paced activities, are identified as Level Two and Three Stage One, abbreviated as L2S1 for easy reference. And the second segment, the live or the synchronous part of Coach Education, is identified as Level Two Stage Two (L2S2).

Identifier	Segment	Details	Delivery	Duration
L2S1	Advance Bridge for PCC & MCC	Includes pre-recorded bite-sized comprehensive coach education and interactive activities, which you can jump-start upon enrolment in the program.	Full online & self-Paced	30+ synchronous hours. Prerequisite for L2S2
L2S2	Synchronous Live Classes	Deepening of advanced practical coaching techniques. And the practical application of the knowledge and skills gained from the foundation (L2S1), integrating coaching competency and best practices into a real-world coaching execution. The classes are coach-educator-led & include live interactions with a limited number of trainee coaches. Minimum of 50% live attendance is encouraged for optimum skill development.	Full online or on-location training based on your preference. The Live Classes are video recorded & replay is available via the E-learning platform.	32 synchronous hours. Includes eight interactive and highly engaging live classes, 4 hours of duration for each class on pre-determined dates.
L2S3	Practicum & Peer Reviews	Practicum: Includes delivering coaching to 6 coachees, a minimum of 6 hours to each coachee, and submitting a self-review of one session based on the review criteria provided. Peer Reviews: Peer review on a cross-assessment basis of 3 coaching recordings in alignment with the review criteria provided.	Self-paced. The reviews are submitted via the E-learning platform.	10+ synchronous hours. Qualifier for L2S4.

Identifier	Segment	Details	Delivery	Duration
L2S4	Assessment & Feedback	<p>Assessment: Submission of a Coaching Recording meeting preliminary ICF PCC Markers. Duration of the session must be around 60 minutes and submitted as an Audio file format along with a verbatim transcript.</p> <p>Feedback: Strengths and developmental opportunities will be provided by an Ignite Coach Educator in written format.</p>	<p>Self-paced.</p> <p>The submission is made via the E-learning platform.</p>	<p>3+ synchronous hours.</p> <p>Qualifier for L2S5.</p>
L2S5	Awarding of ACSTH Certification	At this stage, the coach obtains the qualification and a designation as a Professional Certified Advanced Coach Practitioner (PCACP) via ICF Approved Coach Specific Training Hours Certification (ACSTH).	Digital Certification.	Upon meeting a passing score for L2S4
L2S6	Gain ICF-qualified paid coaching hours	<p>As a qualified coach, you are invited to join Ignite Credential Accelerator Program (unique to Ignite Global) as a complimentary benefit and gain coaching experience via reciprocal coaching, collaborating with 100s of coaches from around the world towards the paid coaching requirement of ICF Credential.</p> <p>The participating coaches are grouped based on their skill level; you will be included in a group with the similar level of competency and gradually move forward through based on your level of advancement.</p>	<p>Registration is required.</p> <p>Delivery of coaching is self-paced.</p>	No limitation on the number of coaching hours you shall receive and deliver.
L2S7	PCC Credential Bundle for ICF Level Two Certification	<p>Requirements for PCC Credential</p> <p>125+ Hours of Coach Education Certification.</p>	<p>Delivered via 65 hours of ACSTH (L2S5)</p> <p>Integrating either Ignite's Level One or ACSTH 60 hours Certification or in combination with your previous coach-specific training hours.</p>	

Identifier	Segment	Details	Delivery	Duration
		<p>500+ Hours of delivery of coaching experience encompassing a minimum of 450 hours of paid coaching and a maximum of 50 hours of Pro bono coaching.</p> <p>At least 50 of those experience hours must occur within the 18 months prior to applying for the relevant credential.</p> <p>The 100 hours from the ACC Credential Level is incorporated into the 500 hours experience requirement.</p>	<p>Accumulate through ACC hours, practicum (L2S3), Ignite Credential Accelerator Program (L2S6), and your own self-paced coaching experience.</p>	<p>The coaching experience is Accumulated from the commencement date of the first ICF Accredited Coach Education Program.</p>
		<p>10 Hours of ICF-approved mentoring. Minimum of 3 hours of individual mentoring and a combination of group mentoring, summing up to 10 hours of mentoring, should be delivered by an ICF-qualified mentor.</p> <p>Ignite ICF Mentoring program includes 3 to 10 hours of individual mentoring and 6 months of group mentoring (minimum of 24 hours).</p>	<p>All Ignite mentors and educators are industry-experienced professionals holding PCC and MCC credentials.</p>	<p>Mentoring should be delivered at least 3 months prior to submission of the relevant credential.</p>
		<p>ICF Coach Performance Evaluation.</p> <p>At the PCC Level, a coach must demonstrate a passing score at ICF PCC markers for <u>two recordings</u>.</p> <p>Submission of the Coaching Recordings meeting PCC Markers. Duration of each session must be between around 60 minutes and submitted as an Audio file format along with a verbatim transcript.</p> <p>A coach intending to obtain ICF Level Two Certification directly can be exempted from L2S5.</p>	<p>Ignite as an ICF Levels Accreditation Standard Provider; your coaching recordings will be <u>internally</u> assessed and liaised with ICF directly.</p>	<p>Assessment duration is 10 business days.</p> <p>Recordings submitted via the E-learning platform.</p>

Identifier	Segment	Details	Delivery	Duration
		ICF Credentialing Exam. Credentialing Exam is the ICF Measurement for Credential Success and is taken directly with ICF.	We created a similar Mock Exam for ICF Credentialing Exam to support you.	Exam duration is three hours. Mock Exam is available for 30 days for practice.
		Awarding of the ICF Level Certification.	Digital certification.	
L2S8	Credential Exam and PCC Application.	Once the ICF Level Two Certification is awarded to you by Ignite Global, you are ready to submit the ICF Credential Application. Once your application is approved, ICF will send you the Credentialing Exam directly.	ICF Credentialing Exam can be completed via an online link or through a center, based on your preference and geographical location.	Exam duration is three hours. Online exam window is 60 days, and the exam through a center is appointment based.
		Upon successful completion of the ICF Credentialing Exam, you receive ICF PCC Credential.		For Credential applicants via Levels Certification, the duration is 4 weeks.
L2S9	Organic Business Development Masterclasses	Twelve months of proven business development & marketing strategies via live masterclasses. Ignite Business MasterMind runs for over a year providing you with organic business and marketing strategies for establishing a coaching business step by step. Complimentary access to Ignite Graduates.	Via live classes or re-play on the E-learning platform.	12 months of live classes or re-play at your own pace.
L2S10	Ignite Business Incubator	Ignite Business Incubator is six months of business coaching guiding you to strategize your Coaching Business from scratch to success. The sessions are conducted in a small group setting providing you individual attention to maximize your business impact. Complimentary access to Ignite Graduates.	The dates and the timing of the sessions are mutually agreed upon between the team you are assigned to.	Six months. Each cohort includes 12 Business Coaching sessions, each with 90 minutes.

Identifier	Segment	Details	Delivery	Duration
L2S11	In-person Graduation & Award Ceremony	Graduation ceremony is organized by Ignite Global on an annual basis to honor the coaches who complete ACSTH, Levels Certification, and/or ICF Credential. Includes Printed Certificate, Award, or Badge of Recognition. Not mandatory.	The graduation ceremony takes place in February each year in Bangkok, Thailand.	Date of the annual award ceremony is predetermined a year in advance.



[Register here](#) for the program. Should you wish to connect with the program’s lead facilitator or when you are ready to start the Professional Coaching Advanced Mastery Certification for Level Two Education, reach out to us via email at leah@igniteglobal360.com or contact us through our website www.igniteglobal360.com.

Ignite Global 360 Advance Coach Education

ICF ACCREDITED PROFESSIONAL COACHING ADVANCED MASTERY CERTIFICATION

ADVANCED BRIDGE PROGRAM – YOUR DIRECT PATH TO PCC & MCC

SEVEN DOMAINS OF PROFESSIONAL COACHING ADVANCED EDUCATION

10. Introduction to Masterful Coaching as a professional reflective practice

- 10.1. Understanding essential characteristics, mindsets, and behaviors of a Professional Coach
- 10.2. How the coach gets in the way of the client.
- 10.3. Embodiment of presence, energy, and states of being as a Masterful Coach
- 10.4. Letting the guard down and coaching as ‘you’
- 10.5. Coaching as a holistic reflective embodiment as an advanced practitioner
- 10.6. The difference between a coach and a master coach
- 10.7. A mastery is a state of being
- 10.8. Multidimensional aspects of curiosity and identifying the right type of curiosity for masterful coaching
- 10.9. Reflection - Quantum level understanding of the observer effect
- 10.10. Reactions vs. observer
- 10.11. The artistry of masterful coaching
- 10.12. Value creation – Coach vs Client
- 10.13. Navigating complexities of confidentiality in coaching relationship
- 10.14. Redefining co-creation as an advanced coach practitioner
- 10.15. Energy alignments required by an advanced Coach Practitioner.
- 10.16. Techniques to acts in response to the ‘whole person’ as the client

11. Deep awareness of human consciousness within and beyond (Elective, asynchronous)

11.1. Human Consciousness

- 11.1.1. Deep understanding of levels of consciousness
- 11.1.2. The journey into expansive universe inward and outward
- 11.1.3. The Earth - our place in the universe and how it relates to your client
- 11.1.4. Nature of vibrational existence and implications in your coaching practice
- 11.1.5. The bigger picture - the role consciousness plays in the expansion of the client and the coach

11.2. The Human Being.

- 11.2.1. The human condition
- 11.2.2. Moving beyond intrapersonal and interpersonal being - Fernando's Human Disintegration Model
- 11.2.3. Deep dive into the dynamics of the human mind – Fernando's Mind Mirror
- 11.2.4. Exploration of pain and pleasure in-depth, in connections to good vs. bad and positive vs. negative
- 11.2.5. Embodiment of consciousness and the human condition at a cognitive level as an advanced reflective practitioner

11.3. Awareness of crucial embodiments of consciousness

- 11.3.1. Incorporating duality in your coaching
- 11.3.2. The altered and superior states of consciousness – Becoming the super observer
- 11.3.3. Alternative intelligence and somatic awareness
- 11.3.4. Awareness of human DNA and Evolution
- 11.3.5. Embodiment of time
- 11.3.6. The impact of embodiment death
- 11.3.7. Embodiment of Shadows
- 11.3.8. Can the word 'healing' be used in a professional coaching context?

12. Integrating Psychology & Neuroscience in Advance Coaching Practice (Elective, asynchronous)

- 12.1 The fine line between Therapy, Counselling, Consulting, and Mentoring vs. Coaching
- 12.2 Exploration of psychology and neuroscience integrated coaching
- 12.3. Hierarchy of needs and theory of motivation
- 12.4. Trauma-Informed Coaching for Advance Coach Practitioner
 - 12.4.1. The importance of a coach's awareness of mental illness, emotional and psychological trauma
 - 12.4.2. What is trauma and how to navigate trauma surfacing in coaching
 - 12.4.3. What is addiction and how to manage surfacing addictions in coaching
 - 12.4.4. Mental Health Screening techniques and tools
 - 12.4.5. Introduction to combining Integrative Psychology and Behavioral Science in coaching
 - 12.4.6. Redefining healing and actualized awareness within coaching context
- 12.5. Essential awareness on healing, therapy, and mindfulness modalities for Advance Coach Practitioner
 - 12.5.1. Epigenetics
 - 12.5.2. Attachment systems
 - 12.5.3. Internal Family Systems
 - 12.5.4. Legacy Burdens
 - 12.5.5. Cognitive Behavioral therapy
 - 12.5.6. Clinical Theta Regression
 - 12.5.7. Psychedelic Integration
 - 12.5.8. Mindfulness-Based healing and development
 - 12.5.9. Vipassana – Buddhist meditation practice
 - 12.5.10. Compassion, Love & Self-actualization based healing (loving self)
 - 12.5.11. Classical Conditioning – Psychology
 - 12.5.12. Somatic awareness integrated coaching

- 12.6. Practical tools and best practices to identify, address and navigate emotional and psychological trauma and mental health aspects into client's development
- 12.7. Referring the client to relevant professionals and determining the right role for you as a coach
- 12.8. Multidimensional advantages of building an alliance with interlinked professionals.

13. Complexities of cultivating Coach-Client Relationship

- 13.1. Redefining compassion, empathy, and the role of the master practitioner
- 13.2. Vulnerability in coaching
 - 13.2.1. Vulnerability as a way of establishing a powerful coach-client relationship
 - 13.2.2. Can a coach display vulnerability?
 - 13.2.3. Arts of the masters - Vulnerability as a driving force for client development
- 13.3. Multidimensional aspects of confidence in Advance Coach Practitioner
- 13.4. Advanced techniques of embodying the power of intense emotions, fear, and shadows in clients
- 13.5. Deep dive into embodying intuitive abilities
- 13.6. Levels of energy alignments for a masterful reflective practitioner
- 13.7. Coaching is an equal partnership

14. Advanced mastery of Coaching Science as an action-focused reflective practice

- 14.1. Reality check - Transformational value-derived coaching
- 14.2. Creating your own Signature Definitions of coaching as an advanced coach practitioner.
- 14.3. Client-centered and client-led coaching.
- 14.4. Visioning coaching engagement as a co-active process for client's growth and development
- 14.5. Intricacies in advance techniques for coaching the person vs problem
- 14.6. Coach and understand the client
- 14.7. The value creation through the power of unknown

14.8. Expertise of being in the moment as an advanced coach practitioner

14.9. Coach and tough love

14.10. Integration of coaching co-competencies, best practices, and mastery into a coaching session Live

14.10.1. Goal setting in coaching, Global Goal & Session Goals

14.10.2. Mastering the goal setting techniques for transformational coaching

14.10.3. Facilitating Client Growth at MCC Level

14.10.4. Levels of client development

14.10.5. How to end a coaching session on a high note

14.11. ICF PCC Requirements

14.11.1. ICF PCC Competency Breakdown

14.11.2. Listening to Coaching recordings incorporating PCC Levels skills and debrief.

14.12. ICF MCC Requirements

14.12.1. ICF MCC Competency Breakdown

14.12.2. Listening to a coaching recording incorporating MCC Level Skills. Parenting Coaching Session.

15. Specializing in Coach-Specific Technical Communication

15.1. Artistry of presence for a masterful coach

15.2. Advanced technical listening for a masterful practitioner

15.2.1. The stories silence says

15.2.2. Listener as a full spectrum learner

15.2.3. Linear and non-linear listening

15.2.4. Cumulative listening

15.3. Questions vs Inquiry

15.3.1. What is more important in a coaching session, the inquiry or the answers?

15.3.2. Simplicity in advanced techniques of mindful inquiry

15.4. Masters explore beyond comfort zones

16. Advanced Awareness, Attributes, and Mental Models for a Masterful Professional Coach

- 16.1. How to navigate lack, insecurities, and adversarial behaviors of clients
- 16.2. The mastery of language used for a reflective practitioner
- 16.3. Advance reflective practices – Coach does not have to ‘work’ to coach
- 16.4. The coach trusts that value is inherent in the process versus having any need to create value.
- 16.5. Creating High-value Signature Offers and creating solutions using coaching as the key driver
- 16.6. Coaching and the future

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ADDITIONAL DOMAINS FOR A SUCCESSFUL COACHING PRACTICE

17. Mastery of ICF Co-Competency and Minimum Skills Requirements for acquiring Professional Standard for PCC Level

- + Please find the ICF Co-competency in Appendix A
- + And the ICF Minimum Skills Requirement for PCC Credential (PCC Markers) in Appendix B

18. Acquiring Global Recognition ICF Professional Certified Coach Credential via Ignite PCC Bundle.

Requirements of Professional Certified Coach (PCC) Credential and how Ignite Global Facilitates the A to Z process with support and guidance every step of the way.

Both Ignite Group and Individual Mentoring Programs include comprehensive coverage of all requirements for ICF PCC Credential.

18.1. ICF Requirement One: 125+ hours of coaching education

Through the following stages of the program, you fulfill the 60 + hours of ICF Coach Specific Education and obtain the ICF Approved Coach Specific Training Hours (ACSTH) Certification.

- L2S1: Foundation of Professional Coaching Mastery Certification
- L2S2: Professional Standard Live Classes
- L2S3: Practicum & Peer Review
- L2S4: Assessment & Feedback
- L2S5: Awarding of ACSTH Certification

18.2. ICF Requirement Two: 500+ hours of coaching experience

ICF Requires you to demonstrate delivery of 500 hours of coaching experience encompassing at least 450 hours of paid coaching and a maximum of 50 hours of pro bono coaching from the commencing date of your ICF-accredited Coach Education program. Apart from actual paid coaching, exchange of coaching and barter are also considered as paid coaching. At Ignite, we created a community of coaches who are in their credential journey, exchanging coaching and fulfilling part of the 450 hours of coaching requirement via Ignite Credential accelerator, and you are welcome to join this program on a complimentary basis and accelerate your credential journey.

18.3. ICF Requirement Three: 10 hours of Mentor Coaching

ICF requires a minimum of 10 hours of mentoring focusing on your ability to execute ICF co-competency for applying for an ICF Credential. Three hours of individual mentoring are mandatory, and the rest can be group mentoring. We look at your development holistically rather than minimally meeting the requirement for credentialing application; hence our ICF Mentoring program includes 6 months of robust mentoring enabling you to become a competent professional coach and deliver excellence in your coaching.

18.3.1. Ignite Group Mentoring Program

Includes 3 hours of one-on-one mentoring with a highly skillful and qualified ICF Registered Mentor who possesses either PCC or MCC credentials and extensive coaching experience.

Fernando Hettiyadura, MCC, conducts twice a month of two-hour live mentoring circles on pre-assigned dates in a small group setting, and you have access to the program for six months, enabling you to gain up to 24 hours of group mentoring. And attendance to live sessions is not mandatory; you are able to join the sessions based on your convenience as per your professional development necessities. The Group Mentoring Sessions are also available via our very own E-learning platform ([Awaken Mind Guide](#)), and you are able to access them at your own pace.

This program covers all-inclusive, comprehensive credential requirements and support, and the inclusions are mentioned under 18.3.3.

18.3.2. Ignite Individual Mentoring Program

Includes 10 hours of one-on-one mentoring with a highly skillful and qualified ICF Registered Mentor who possesses either PCC or MCC credentials and extensive coaching experience.

The six months of group mentoring mentioned above (18.3.1.) is also included in this program as a complimentary benefit to maximize your development. This program is suitable for coaches who seek long-term professional development and business success as they establish a coaching practice. You also have the possibility to spread out the 10 mentoring hours over 12 months from the date of registration and utilize the mentoring when you need guidance from an experienced professional.

While ICF Mentoring focuses on the execution of ICF Co-competency, Professional coaches essentially require guidance and support in holistic development, well-being, as well as emotional and mental safeguarding due to the complexities of working with the human psyche of various clients. In the Coaching industry, such guidance and support are recognized as Coaching Supervision.

When you require such assistance, you have the flexibility and privilege to request Coaching Supervision in place of your mentoring hours.

This program also covers all-inclusive comprehensive credential requirements and support, and the inclusions are mentioned under 18.3.3.

18.3.3. Comprehensive Credential Requirements and Support.

ICF Requirement Four: Successful completion (passing score) of a performance evaluation

ICF Coach Performance Evaluation.

At the PCC Level, a coach must demonstrate a passing score at ICF PCC markers. Ignite as an ICF Levels Accreditation Standard Provider; your coaching recording will be **internally** assessed and liaised with ICF directly. The submission of a Coaching Recording must be around 60 minutes and submitted as a common Audio file format (MP3, MP4, WAV) along with a verbatim transcript.

A coach intending to obtain ICF Level Two Certification directly can be exempted from L2S5. The assessment duration is 3 to 10 business days. If you are applying with previous ICF Accreditation standard ACSTH or the Portfolio path, the ICF performance Evaluation process will take up to 14 to 22 weeks, depending on the season.

ICF Requirement Five: Successful completion (passing score) of the ICF Credentialing Exam

Credentialing Exam is the ICF Measurement for Credential Success and is taken directly with ICF. The ICF Credentialing Exam is a tool designed to measure a coach's knowledge of and ability to apply the ICF definition of coaching, the updated ICF Core Competencies, and the ICF Code of Ethics against a predetermined standard.

The ICF Credentialing Exam consisted of 81 situational judgment items. Each exam item contains a realistic scenario describing a coaching situation, followed by four response options. For each scenario, candidates are asked to select the best action and the worst action among the options provided for that scenario. There is only one correct best action and one correct worst action for each coaching scenario. The passing score and all exam results on the ICF Credentialing Exam are reported as scaled scores. The range of possible scores is 200 to 600, with a passing score of 460.

We created a structurally and experientially similar Mock Version for the ICF Credentialing Exam to support you. Which is included in our mentoring package as a complementary for Ignite Graduates. Exam duration is three hours. Mock Exam is available for 30 days for practice.

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[Register here](#) for the program. Should you wish to connect with the program's lead facilitator or when you are ready to start the Professional Coaching Advanced Mastery Certification for Level Two Education, reach out to us via email at leah@igniteglobal360.com or contact us through our website www.igniteglobal360.com.

MARKETING & BUSINESS DEVELOPMENT

A. Ignite Credential Accelerator: Acquisition of coaching experience (ICF recognized paid coaching hours)

As a professional coach, it is natural that you are determined to acquire ICF Credentials, ACC, PCC, or MCC designations at your earliest. Being directly designated by ICF as an accredited Coach certainly increases your credibility leading to building a successful Coaching Practice as a Professional Coach. We commend your passion and dedication to taking your professional Development to the next level.

We at Ignite Global, as an ICF-accredited Coaching Education Provider, understand your desire to acquire PCC or MCC designations, and we have witnessed many coaches struggle to gain these designations on their own and even give up after trying hard. So, we have created a platform that will accelerate gaining your PCC or MCC credentials with constant motivation and accountability.

More about [Ignite Credential Accelerator](#).

B. Ignite Business Development Series: Essential business development aspects for a successful coaching practice

B.1 [Ignite Business MasterMind](#)

Twelve months of proven business development & marketing strategies via live masterclasses. Ignite Business MasterMind runs for over a year providing you with organic business and marketing strategies for establishing a coaching business step by step.

- B.1.1. Diminishing mental blocks and cultivating a Winning Money Mindset - Shamelessly!
- B.1.2. Learn to break rules! Avoid the biggest self-branding mistakes most coaches make!
- B.1.3. How to deliver a Winning Sales Call
- B.1.4. Business success and Networking Smart, over networking hard!
- B.1.5. Using assessments & testing tools for Business Success
- B.1.6. How to create a co-active business funnel for a Snowballing Income
- B.1.7. How to create an organic following of paying clientele
- B.1.8. Can't sell your packages? You are probably doing it wrong! How to create Irresistible Money-Magnet Offers.
- B.1.9. How to master pricing your offers for truly an abundant income.

B.1.10. How to build a corporate clientele organically.

B.1.11. And many more pre-recorded additional Business Development Content

B.2. Ignite Business Incubator

Ignite Business Incubator is six months of business coaching guiding you to strategize your Coaching Business from scratch to success. The cohort includes 12 Business Coaching sessions, each with 90 minutes. The sessions are conducted in a small group setting providing you individual attention to maximize your business impact.

The dates and the timing of the sessions are mutually agreed upon between the team you are assigned to. And we will match the Group and Team coaches with you based on the best convenient time zone for you.

B.3. Coaching Contract and confidentiality logistic

B.3.1. Ignite Global Coaching Agreement and Logistical Agreement (Editable)

B.3.2. Ignite Global Service Provider Agreement (Editable)

B.3.3. ICF Sample Coaching Agreements

C. Recognition of Excellence: In person awarding of Certification and Credential

Graduation ceremony is organized by Ignite Global on an annual basis to honor the coaches who excel at ACSTH, Levels Certification and/or ICF Credentials. You receive the printed Certificate, Award, or Badge of recognition depending on the level you qualify for the attendance of the Grand Award Ceremony. Participation is not mandatory, as you are able to use the digital certification officially. The graduation ceremony takes place in February each year in Bangkok, Thailand. The date of the annual award ceremony is predetermined a year in advance.

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APPENDIXES

17. Mastery of ICF Co-Competency and Minimum Skills Requirements for acquiring Professional Standard for PCC Level

Appendix A:

ICF Core Competencies

The ICF Core Competencies were developed to support greater understanding about the skills and approaches used within today's coaching profession as defined by ICF. These competencies and the ICF definition of coaching serve as the foundation of the Credentialing process, including the ICF Credentialing Exam. ICF defines coaching as partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential.

The ICF Core Competencies are organized into four domains based on commonalities and interdependencies between competencies within each domain. There are no domains nor individual competencies that are weighted—they do not represent any kind of hierarchy. Rather, each competency is considered core and critical for any competent coach to demonstrate.

The ICF Core Competencies were originally created in 1998, consisting of 11 Core Competencies. In November 2019, ICF released an updated version of the competencies. The updated Core Competencies were integrated in ICF-Accredited Coach Education Programs curricula beginning in January 2021. As of August 1, 2022, the updated Core Competencies were integrated into the Credentialing Performance Evaluation and written exam requirements.

Credential applications submitted on or after August 2, 2022, at Noon EDT (New York) will be assessed to the ICF Core Competences found immediately below, not the original ICF Core Competencies. Applicants are required to successfully complete the new ICF Credentialing Exam, and candidates required to submit a performance evaluation will be assessed using updated Performance Evaluation criteria.

A. Foundation

1. Demonstrates Ethical Practice

Definition: Understands and consistently applies coaching ethics and standards of coaching.

- 1.1. Demonstrates personal integrity and honesty in interactions with clients, sponsors and relevant stakeholders
- 1.2. Is sensitive to clients' identity, environment, experiences, values and beliefs
- 1.3. Uses language appropriate and respectful to clients, sponsors and relevant stakeholders
- 1.4. Abides by the ICF Code of Ethics and upholds the Core Values
- 1.5. Maintains confidentiality with client information per stakeholder agreements and pertinent laws
- 1.6. Maintains the distinctions between coaching, consulting, psychotherapy and other support professions
- 1.7. Refers clients to other support professionals, as appropriate

2. Embodies a Coaching Mindset

Definition: Develops and maintains a mindset that is open, curious, flexible and client-centered.

- 2.1. Acknowledges that clients are responsible for their own choices
- 2.2. Engages in ongoing learning and development as a coach
- 2.3. Develops an ongoing reflective practice to enhance one's coaching
- 2.4. Remains aware of and open to the influence of context and culture on self and others
- 2.5. Uses awareness of self and one's intuition to benefit clients

- 2.6. Develops and maintains the ability to regulate one's emotions
- 2.7. Mentally and emotionally prepares for sessions
- 2.8. Seeks help from outside sources when necessary

B. Co-Creating the Relationship

Competency 2: Embodies a Coaching Mindset is more directly evaluated in the ICF Credentialing written exam.

3. Establishes and Maintains Agreements

Definition: Partners with the client and relevant stakeholders to create clear agreements about the coaching relationship, process, plans and goals. Establishes agreements for the overall coaching engagement as well as those for each coaching session.

- 3.1. Explains what coaching is and is not and describes the process to the client and relevant stakeholders
- 3.2. Reaches agreement about what is and is not appropriate in the relationship, what is and is not being offered, and the responsibilities of the client and relevant stakeholders
- 3.3. Reaches agreement about the guidelines and specific parameters of the coaching relationship such as logistics, fees, scheduling, duration, termination, confidentiality and inclusion of others
- 3.4. Partners with the client and relevant stakeholders to establish an overall coaching plan and goals
- 3.5. Partners with the client to determine client-coach compatibility
- 3.6. Partners with the client to identify or reconfirm what they want to accomplish in the session
- 3.7. Partners with the client to define what the client believes they need to address or resolve to achieve what they want to accomplish in the session
- 3.8. Partners with the client to define or reconfirm measures of success for what the client wants to accomplish in the coaching engagement or individual session
- 3.9. Partners with the client to manage the time and focus of the session
- 3.10. Continues coaching in the direction of the client's desired outcome unless the client indicates otherwise
- 3.11. Partners with the client to end the coaching relationship in a way that honors the experience

4. Cultivates Trust and Safety

Definition: Partners with the client to create a safe, supportive environment that allows the client to share freely. Maintains a relationship of mutual respect and trust.

- 4.1. Seeks to understand the client within their context which may include their identity, environment, experiences, values and beliefs
- 4.2. Demonstrates respect for the client's identity, perceptions, style and language and adapts one's coaching to the client
- 4.3. Acknowledges and respects the client's unique talents, insights and work in the coaching process
- 4.4. Shows support, empathy and concern for the client
- 4.5. Acknowledges and supports the client's expression of feelings, perceptions, concerns, beliefs and suggestions
- 4.6. Demonstrates openness and transparency as a way to display vulnerability and build trust with the client

Key Skills Evaluated

1. The coach's depth of connection to and support of the client
2. The coach's demonstration of trust in and respect for the client and the client's processes of thinking, creating
3. The coach's willingness to be open, authentic and vulnerable with the client to build mutual trust.

5. Maintains Presence

Definition: Is fully conscious and present with the client, employing a style that is open, flexible, grounded and confident

- 5.1. Remains focused, observant, empathetic and responsive to the client
- 5.2. Demonstrates curiosity during the coaching process
- 5.3. Manages one's emotions to stay present with the client
- 5.4. Demonstrates confidence in working with strong client emotions during the coaching process
- 5.5. Is comfortable working in a space of not knowing
- 5.6. Creates or allows space for silence, pause or reflection

C. Communicating Effectively

6. Listens Actively

Definition: Focuses on what the client is and is not saying to fully understand what is being communicated in the context of the client systems and to support client self-expression

- 6.1. Considers the client's context, identity, environment, experiences, values and beliefs to enhance understanding of what the client is communicating
- 6.2. Reflects or summarizes what the client communicated to ensure clarity and understanding
- 6.3. Recognizes and inquires when there is more to what the client is communicating
- 6.4. Notices, acknowledges and explores the client's emotions, energy shifts, non-verbal cues or other behaviors
- 6.5. Integrates the client's words, tone of voice and body language to determine the full meaning of what is being communicated
- 6.6. Notices trends in the client's behaviors and emotions across sessions to discern themes and patterns

Key Skills Evaluated

1. The coach's depth of attention to what the client communicates in relation to the client and the client's agenda
2. The coach's ability to hear on multiple levels including both the emotional and substantive content of the words
3. The coach's ability to hear underlying beliefs, thinking, creating, and learning that are occurring for the client including recognizing incongruities in language, emotions, and actions
4. The coach's ability to hear and integrate the client's language and to invite the client to deeper exploration.

7. Evokes Awareness

Definition: Facilitates client insight and learning by using tools and techniques such as powerful questioning, silence, metaphor or analogy

- 7.1. Considers client experience when deciding what might be most useful
- 7.2. Challenges the client as a way to evoke awareness or insight
- 7.3. Asks questions about the client, such as their way of thinking, values, needs, wants and beliefs
- 7.4. Asks questions that help the client explore beyond current thinking
- 7.5. Invites the client to share more about their experience in the moment
- 7.6. Notices what is working to enhance client progress
- 7.7. Adjusts the coaching approach in response to the client's needs
- 7.8. Helps the client identify factors that influence current and future patterns of behavior, thinking or emotion
- 7.9. Invites the client to generate ideas about how they can move forward and what they are willing or able to do
- 7.10. Supports the client in reframing perspectives
- 7.11. Shares observations, insights and feelings, without attachment, that have the potential to create new learning for the client

D. Cultivating Learning and Growth

8. Facilitates Client Growth

Definition: Partners with the client to transform learning and insight into action. Promotes client autonomy in the coaching process.

- 8.1. Works with the client to integrate new awareness, insight or learning into their worldview and behaviors
- 8.2. Partners with the client to design goals, actions and accountability measures that integrate and expand new learning
- 8.3. Acknowledges and supports client autonomy in the design of goals, actions and methods of accountability
- 8.4. Supports the client in identifying potential results or learning from identified action steps
- 8.5. Invites the client to consider how to move forward, including resources, support and potential barriers
- 8.6. Partners with the client to summarize learning and insight within or between sessions
- 8.7. Celebrates the client's progress and successes
- 8.8. Partners with the client to close the session

Appendix B

Minimum Skills Requirements by Credential (ICF PCC Markers)

Assessment markers are the indicators that an assessor is trained to listen for to determine which ICF Core Competencies are evident in a recorded coaching conversation and to what extent. The following markers are behaviors that represent demonstration of the Core Competencies in a coaching conversation at the Professional Certified Coach (PCC) level. These markers support a performance evaluation process that is fair, consistent, valid, reliable, repeatable and defensible.

The PCC Markers may also support coaches, coach trainers and mentor coaches in identifying areas for growth and skill development in coaching at the PCC level; however, they should always be used in the context of Core Competency development. The PCC Markers should not be used as a checklist in a formulaic manner for passing the PCC performance evaluation.

Competency 1: Demonstrates Ethical Practice

Familiarity with the ICF Code of Ethics and its application is required for all levels of coaching. Successful PCC candidates will demonstrate coaching that is aligned with the ICF Code of Ethics and will remain consistent in the role of a coach.

Competency 2: Embodies a Coaching Mindset

Embodying a coaching mindset – a mindset that is open, curious, flexible and client-centered – is a process that requires ongoing learning and development, establishing a reflective practice and preparing for sessions. These elements take place over the course of a coach’s professional journey and cannot be fully captured in a single moment in time. However, certain elements of this Competency may be demonstrated within a coaching conversation. These particular behaviors are articulated and assessed through the following PCC Markers: 4.1, 4.3, 4.4, 5.1, 5.2, 5.3, 5.4, 6.1, 6.5, 7.1 and 7.5.

As with other Competency areas, a minimum number of these markers will need to be demonstrated to pass the PCC performance evaluation. All elements of this Competency will also be evaluated in the written assessment for ICF Credentials (Coach Knowledge Assessment).

Competency 3: Establishes and Maintains Agreements

- 3.1: Coach partners with the client to identify or reconfirm what the client wants to accomplish in this session.
- 3.2: Coach partners with the client to define or reconfirm measure(s) of success for what the client wants to accomplish in this session.
- 3.3: Coach inquires about or explores what is important or meaningful to the client about what they want to accomplish in this session.
- 3.4: Coach partners with the client to define what the client believes they need to address to achieve what they want to accomplish in this session.

Competency 4: Cultivates Trust and Safety

- 4.1: Coach acknowledges and respects the client’s unique talents, insights and work in the coaching process.
- 4.2: Coach shows support, empathy or concern for the client.
- 4.3: Coach acknowledges and supports the client’s expression of feelings, perceptions, concerns, beliefs or suggestions.
- 4.4: Coach partners with the client by inviting the client to respond in any way to the coach’s contributions and accepts the client’s response.

Competency 5: Maintains Presence

- 5.1: Coach acts in response to the whole person of the client (the who).
- 5.2: Coach acts in response to what the client wants to accomplish throughout this session (the what).
- 5.3: Coach partners with the client by supporting the client to choose what happens in this session.
- 5.4: Coach demonstrates curiosity to learn more about the client.
- 5.5: Coach allows for silence, pause or reflection.

Competency 6: Listens Actively

- 6.1: Coach's questions and observations are customized by using what the coach has learned about who the client is or the client's situation.
- 6.2: Coach inquires about or explores the words the client uses.
- 6.3: Coach inquires about or explores the client's emotions.
- 6.4: Coach explores the client's energy shifts, nonverbal cues or other behaviors.
- 6.5: Coach inquires about or explores how the client currently perceives themselves or their world.
- 6.6: Coach allows the client to complete speaking without interrupting unless there is a stated coaching purpose to do so.
- 6.7: Coach succinctly reflects or summarizes what the client communicated to ensure the client's clarity and understanding.

Competency 7: Evokes Awareness

- 7.1: Coach asks questions about the client, such as their current way of thinking, feeling, values, needs, wants, beliefs or behavior.
- 7.2: Coach asks questions to help the client explore beyond the client's current thinking or feeling to new or expanded ways of thinking or feeling about themselves (the who).
- 7.3: Coach asks questions to help the client explore beyond the client's current thinking or feeling to new or expanded ways of thinking or feeling about their situation (the what).
- 7.4: Coach asks questions to help the client explore beyond current thinking, feeling or behaving toward the outcome the client desires.
- 7.5: Coach shares—with no attachment—observations, intuitions, comments, thoughts or feelings, and invites the client's exploration through verbal or tonal invitation.
- 7.6: Coach asks clear, direct, primarily open-ended questions, one at a time, at a pace that allows for thinking, feeling or reflection by the client.
- 7.7: Coach uses language that is generally clear and concise.
- 7.8: Coach allows the client to do most of the talking.

Competency 8: Facilitates Client Growth

- 8.1: Coach invites or allows the client to explore progress toward what the client wanted to accomplish in this session.
- 8.2: Coach invites the client to state or explore the client's learning in this session about themselves (the who).
- 8.3: Coach invites the client to state or explore the client's learning in this session about their situation (the what).
- 8.4: Coach invites the client to consider how they will use new learning from this coaching session.
- 8.5: Coach partners with the client to design post-session thinking, reflection or action.
- 8.6: Coach partners with the client to consider how to move forward, including resources, support or potential barriers.
- 8.7: Coach partners with the client to design the best methods of accountability for themselves.
- 8.8: Coach celebrates the client's progress and learning.
- 8.9: Coach partners with the client on how they want to complete this session.

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